

# General Requirements

## Senior Rank - Gokyu to Ikkyu



The Waynesville Kodokan Judo Club is a USA/USJI club. We welcome other martial arts however our practice and teaching is based on the Olympic sport of Judo, having its roots in Kodokan Judo.

Eligibility for promotion is based upon the following general requirements, not necessarily in this order:

1. Moral character, attitude, and maturity
2. Competitive ability
3. Technical proficiency
4. General experience, contributions, and time-in-grade
5. Contributions of time and support toward the efficient operation of the Waynesville Kodokan Judo Club.

The following time-in-grade and point requirements are the minimum necessary to allow a judoka to be examined for promotion to the rank of Senior Gokyu or higher. Meeting these basic requirements does not mean the candidate will be promoted. S/he must then satisfactorily demonstrate the skills and techniques described in the following pages for each rank.

### 1. Time-in-Grade

Time-in-grade is that time spent at the applicant's present rank and is not cumulative from the date of any previous promotion. Time-in-grade is computed from the most recent promotion and is determined solely from:

- The number of years of annual registration or proof of good standing with USJF, USJI, USJA or other recognized judo organization; and
- Participation in the judo community and club activities since last promotion.

Promotion points may be counted for only one specific promotion and may not be carried over for consideration in other rank advancements. Points must be obtained in USJF, USJI, or USJA sanctioned events or established international tournaments. For promotions, an opponent may count only twice per tournament in the tabulation of promotion points for any particular rank.

### 2. Batsugun Promotions

A Batsugun promotion will be awarded to a contestant in Shiai who obtains five (5) consecutive Ippon or Wazari wins over opponents of the same rank or higher, with due consideration of the quality of players met, at the tournament, the Sensei may waive certain element of this consideration for deserving individuals based on his observation or the observation and recommendation of Club coaches.

## Candidate Classification

In order to properly evaluate a candidate for promotion, two classifications of players are established.

### 1. Competitor

A competitor shall be required to spend less time in grade than a non-competitor and will be given greater weight for his/her competitive accomplishments towards promotion consideration. There are three types of competitors :

- **Shiai:** Greater weight will be given toward promotion consideration for their competitive shiai accomplishments.
- **Masters:** A masters shiai competitor is a competitor who is 30 years of age or older. S/he may be required to spend more time in a grade than a shiai competitor. Greater weight will be given toward promotion consideration for their service accomplishments.
- **Kata:** A kata competitor may be required to spend more time in a grade than a shiai competitor. Greater weight will be given toward promotion consideration for their competitive kata accomplishments.

### 2. Non-Competitor

A non-competitor is an active member of the Waynesville Kodokan Judo Club and judo community, who participates and contributes in various areas of the sport but does not compete. Non-competitors will be examined and promoted in the same manner as competitors except that requirements shall be stricter, including longer time in grade. Note: Individuals testing for Yonkyu who have fewer than two points, or Sankyu and above who have fewer than five points, will be also classified as non-competitors.

## Promotion Examination Process

Promotional events are held by the Sensei or his representative at the time and place to be indicated.

Examinations shall be conducted at the Dojo or designated place by the Sensei or his representative. All techniques are to be demonstrated moving, techniques required for previous ranks will be again demonstrated with a higher degree of expertise. A written test may or may not be given at the discretion of the testing authority.

### Guidelines for Acquiring and Tracking Competition Points

#### *Tournaments at which points can be accumulated:*

1. Any sanctioned, USJA, USJF or USA Judo, local, regional, national or international tournament.
2. Points can be earned as follows:
  - Shiai (regular and masters)
  - Sanctioned & International Tournaments:
    - 1.0 point: defeating a competitor of the same rank
    - 1.5 points: defeating a competitor of higher rank
    - 0.5 points: defeating a competitor of lower rank (up to a maximum of 2 ranks lower)

- For the senior ranks of Gokyu and Yonkyu, class participation and Club involvement may be substituted for competition points; plus competition points for those two ranks may be awarded by the Coaches for competition within the Dojo.

### 3. Kata

Sanctioned & International Tournaments:

Points	Average Score Nikyu and above	Average Score Sankyu and below
1.0	5.0	4.0
1.5	5.5	4.5
2.0	6.0 and higher	5.0 and higher

## Promotion Requirements for Competitors

### Competition Record

The judoka will keep a record book and have it certified correct by each tournament director or any club black belt official. The record must contain the following information:

1. Tournament name, date and site
2. Name and rank of competitor defeated
3. Final kata standing, average score earned and number of entries
4. Service performed (referee, coach, tables, etc.)

### Guidelines for Acquiring and Tracking Competition Points

#### *Tournaments at which points can be accumulated:*

1. Any sanctioned, USJA, USJF or USA Judo, local, regional, national or international tournament
2. Points can be earned as follows:

Shiai (regular and masters)

Sanctioned & International Tournaments:

- 1.0 point: defeating a competitor of the same rank,
- 1.5 points: defeating a competitor of higher rank,
- 0.5 points: defeating a competitor of lower rank (up to a maximum of 2 ranks lower)

For the senior ranks of Gokyu and Yonkyu class participation and Club involvement may be substituted for competition points plus competition points for those two ranks may be awarded by the Coach's for competition within the Dojo.

### 3. Kata

Sanctioned & International Tournaments:

Points	Average Score Nikyu and above	Average Score Sankyu and below
1.0	5.0	4.0
1.5	5.5	4.5
2.0	6.0 and higher	5.0 and higher

**NOTE:** 5 points are earned for First Place if there are at least 9 teams entered, 4 points for Second Place, etc. If there are only 7-8 teams, points awarded begin at 4 for First Place, etc.

### Minimum Age and Time-In Grade

Rank	Age in Years <sup>1</sup>	Time-in-Grade <sup>2</sup>
Gokyu	13	2 mos. - no points required
Yonkyu	13	4 mos. – 2 points gained at tournaments or club events
Sankyu	14	6 mos.
Nikyu	15	9 mos.
Ikkyu	15	1 yr.

<sup>1</sup>Exceptions may be made in rare occasions to the minimum age for Sankyu and above, for Shodan and above. Check the USA Judo Promotional requirements on the USA Judo web site.  
<sup>2</sup> Exceptions to the minimum time in grade may be made depending on previous experience in martial arts or outstanding performance.

## Promotion Requirements for Non-Competitors

### Minimum Time-In Grade

Rank	Time-in-Grade	
	Under 35	Over 35
Gokyu	3 mos.	3 mos.
Yonkyu	6 mos.	6 mos.
Sankyu	9 mos.	9 mos.
Nikyu	1.5 yrs.	1.0 yr.
Ikkyu	2.0 yrs.	1.5 yrs.

## Reductions of Time-in-Grade by Contribution

Assisting Instructors during class – 15% off

Contributions of time and effort as Club Official, Tournament planning and development assistance, Travel assistance with competitors before, during and after tournaments---15% off

Referee & Technical Staff at club events or at other sanctioned events within our region

Work an average of 6 or more events per year during the time in grade period

Referee Class-Local	10%
Referee Class-National	15%
Technical Staff-National Events	6%
Technical Staff-Regional/Local Events	4%

USA Judo Teacher Certification and or Coaching Certification 10%--off

Clinics - Attend an average of 2 or more per year during entire time in grade period

National	3%
Regional/Local	2%
Service as NCJI Officer	10%

## Promotion Requirements for Each Rank

In order to pass, demonstrations must score an overall average score of 3 or better. An overall demonstration average below a 3 disqualifies the candidate for promotion, regardless of competition results. A numerical rate of 5 is given each technique when performed flawlessly.

If a judoka cannot perform a required technique due to physical disability, a reasonable alternative technique may be substituted. If such a reasonable substitute cannot be found, or if the judoka cannot perform such, then a failing score will be entered for that technique. Each standing technique must first be performed statically indicating the key points of the waza, then the nage-waza must be performed moving, demonstrating hadari [left] and migi [right]. Osaе-komi-waza must also be performed left and right as well as Kansetsu-waza.

### Gokyu

1. Time in Grade: None
2. Written test: minimum passing score 60%
3. Demonstrate: minimum passing score - average of 3.
  - Ukemi, Kumikata, kuzushi, taisabaki

- Seoi-nage, OGoshi, Osoto-Gari
- 2 Osaekomi waza (selected from Kesa, Kami, Yoko, Kata)
- 1 Shime waza (mae) 1 Shime waza
- 1 Kansetsu Waza

4. Points: No contest points required.

Tournament knowledge: Limited tournament knowledge. Familiarity with training exercises with emphasis on etiquette, rules and prohibited matters, club involvement. All forms of bowing, hygiene and expanded general knowledge of the sport of judo in particular the history of Kodokan judo.

## Yonkyu

1. Time in Grade: See above requirements

2. Written test: minimum passing score 60%

3. Demonstrate: minimum passing score - average of 3.

- Ukemi, Kumikata, kuzushi, taisabaki
- 10 waza selected by the student and demonstrated moving
- 3 Osaekomi waza (selected from Kesa, Kami, Yoko, Kata)
- 2 Shime Waza -front
- 2 Shime Waza - rear.
- 2 Renraku waza
- 2 Kansetsu Waza

4. Points: see above requirements

5. Tournament knowledge: Continued tournament knowledge with expanded interpretation of the sport phase required for promotion to this rank and a working knowledge of IJF rules. Expanded understanding of the history of Kodokan judo and the general philosophy of Dr. Kano.

## Sankyu

1. Time in Grade: see above requirements

2. Written test: minimum passing score 65%

3. Demonstrate: minimum passing score - average of 3.

- 15 waza selected by the students and demonstrated moving
- Ne Waza: defense, escape, form, entry
- 4 Osaekomi waza
- 3 Shime waza (mae)
- 3 Shime waza (ushiro)
- 3 Kansetsu waza

- 3 Renraku waza
  - 2 Kaeshi waza
4. Points: see above requirements
  5. Must have working knowledge of IJF rules
  6. Advanced Judo history and Judo vocabulary (Japanese terms)

## **Nikyu**

1. Time in Grade: see above requirements
2. Written test: minimum passing score 65%
3. Demonstrate: minimum passing score - average of 3.
  - a. 20 waza selected by the student and demonstrated moving
    - Ne Waza: defense, escape, form, entry
    - 5 Osaekomi waza (selected from Kesa, Kami, Yoko, Kata, Tate)
    - 4 Shime waza (mae) Front
    - 4 Shime waza (ushiro) Rear
    - 4 Kansetsu waza
    - 3 Renraku waza
    - 2-Kaeshi waza

Points: see above requirements

Must have working knowledge of IJF rules

## **Ikkyu**

1. Time in Grade: see above requirements
2. Written test: minimum passing score 70%
3. Demonstrate: minimum passing score - average of 3.
  - 25 waza selected by the student and demonstrated moving
  - Ne Waza: defense, escape, form, entry
  - 6 Osaekomi waza (selected from Kesa, Kami, Yoko, Kata, Tate)
  - 5 Shime waza (mae) Front
  - 5 Shime waza (ushiro) Rear
  - 5 Kansetsu waza
  - 4 Renraku waza
  - 4 Kaeshi waza

Points: see above requirements

Certification: one area selected from Instructor, Referee, Technical Official (non-competitor)

Knowledge: must have a working knowledge of IJF rules

Must perform Uki for the first nine of Nage-no-Kata

## Fees

Currently our club charges \$30 for a senior Kyu grade promotion. We send \$15 of those dollars to the NCJI for your certificate. You must also be a current member of USA Judo and NCJI to obtain your USA/NCJI rank certificate.

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### **Jim Riggs, Sensei**

Shichidan 7<sup>th</sup> Dan, USA Judo

### **Ron Hansen, Technical Advisor**

Hachidan 8<sup>th</sup> Dan, USA Judo

Shichidan 7<sup>th</sup> Dan Kodokan and IJF